



THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

Adverse Childhood Experiences (ACEs) and Trauma-Informed Care (TIC) in the era of COVID-19 and Beyond

Presenters: Jerrod Brown, Ph.D., MA, MS, MS, MS and Nicole Kimberley-Staeheli, MATS
This is in a 3.0-hour on-demand training event

Training Description

Adverse childhood experiences (ACEs) are exposures to neglect, abuse (e.g., emotional, physical, or sexual), or other traumatic experiences prior to adulthood. Without prompt and effective interventions, these experiences during childhood can have short- and long-term physical, cognitive, affective, social, and other consequences across the lifespan. Unfortunately, the global COVID-19 pandemic could be increasing the risk of ACEs among youths across the world. For instance, the distress wreaked by the pandemic and its financial repercussions (e.g., job loss) could exacerbate family tensions resulting in neglect and exposure to different forms of family violence. Intended for mental health and human service professionals, this training fosters a working knowledge of adverse childhood experiences and explores how COVID-19 can exacerbate the consequences of these experiences. We will further review the key principles of trauma informed care and how to implement these principles to most effectively respond to individuals who have experienced trauma. This conversation will include the ability to recognize trauma related reactions, the neuroscience behind these reactions and discuss practical tips and suggestions to best respond from a trauma informed perspective. Related topics discussed during this training will include trauma, stress, social supports, cognitive development, physical health, family system, social support system, comorbid psychopathology, substance use, violence, and mortality.

Training Objectives

1. Define adverse childhood experiences.
2. Explore how the COVID-19 pandemic can directly and indirectly contribute to adverse childhood experiences.
3. Examine the consequences of adverse childhood experiences and the COVID-19 pandemic on the family system.
4. Consider the potential role of telehealth services in the assessment and treatment of clients during the COVID-19 pandemic.
5. Review and define the key principles of trauma informed care.
6. Discuss how to recognize trauma reactions and the neuro-science behind them.
7. Explore practical tips and suggestions in applying trauma informed principles to best respond to clients.
8. Review pertinent case studies and cutting-edge research findings.

Presenter Biographies

Jerrod Brown, Ph.D., M.A., M.S., M.S., M.S., is a professor, trainer, researcher, and consultant with multiple years of experience teaching collegiate courses. Jerrod has also been employed with Pathways Counseling Center, Inc. in St. Paul, Minnesota for the past eighteen years. Pathways provides programs and services benefitting individuals impacted by mental illness and addictions. Jerrod is also the founder and CEO of the American Institute for the Advancement of Forensic Studies (AIAFS). Jerrod has also provided consultation services to a number of caregivers, professionals, and organizations pertaining to topics related to autism spectrum disorder (ASD), Fetal Alcohol Spectrum Disorder (FASD), confabulation, suggestibility, trauma and other life adversities, traumatic brain injury (TBI), and youth firesetting. Jerrod has completed four separate master's degree programs and holds graduate certificates in Autism Spectrum Disorder (ASD), Other Health Disabilities (OHD), and Traumatic-Brain Injuries (TBI). Jerrod has published several articles and book chapters and is regularly featured on several national and international podcast programs.

Nicole Kimberley-Staeheli, MATS, is the lead consultant for Nicole Ranae Consulting, LLC and has over 25 years of experience in field of Corrections. The primary focus for much of her career has been in the training, facilitation and implementation of evidence-based practices. Ms. Kimberley-Staeheli is a certified Motivational Interviewing trainer and has personally facilitated and trained hundreds of cognitive behavioral, trauma responsive, and gender responsive interventions. Ms. Kimberley-Staeheli serves as an independent consultant for county and community-based agencies serving criminal justice involved individuals and the communities they live in.

COST: \$69.00 (Individual Rate)

REGISTRATION: Online at <https://www.aiafs.com/trainingsod.asp>. This event is a recorded, on-demand training event with participants able to watch at their convenience. Details on how to access each on-demand event will be sent after registration is complete. Note: Participants will not have the ability to do a Question and Answer session or interact with the presenter and this may affect CEU approvals.

For additional info, contact Darian @ 612-250-5432 - or - Email: aiafsassoc@gmail.com

Training Schedule:

9:00 am: Introductions
9:00 am - 12:00 pm: Training Presentation – Handouts Provided
12:00 pm: Adjourn